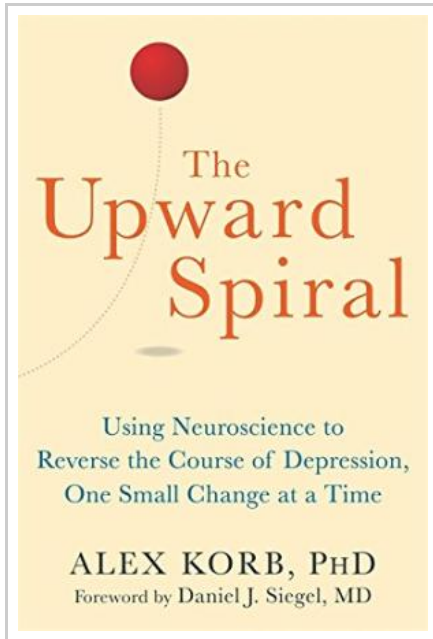




The Upward Spiral: Using Neuroscience to Reverse the Course of Depression, One Small Change at a Time

By Alex Korb

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